



Cesar and his team would like to
welcome you to The Capital Bar
and cordially invite you to sample
some of the magnificent wines by the glass
traditional and unique cocktails or perhaps
to enjoy a glass of champagne and some oysters
Relax, unwind, enjoy The Capital in the capital...

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The Capital Bar Menu

Served daily from 12noon to 11pm

Chef Jerome Ponchelle and his brigade invite you to indulge in some relaxed, traditional, fresh dishes created especially for your enjoyment

Starters

Soup of the day	£6.50
Chicken Caesar salad	£10.50
Plate of charcuterie	£11.00
Prawn and avocado cocktail	£12.00
Forman's London cured smoked Scottish salmon	£14.50
Terrine Maison	£15.00
Colchester native oysters ~ ½ dozen	£16.00

The Capital Bar Menu

Served daily from 12noon to 11pm

Main courses

Omelette of your choice £9.50

- Cheese, ham, tomato, mushroom

Lemon sole goujons, sauce tartare £22.50

Capital crab cake £24.00

Mey Selections sirloin steak, Bearnaise sauce £25.00

Fish of the day, with seasonal vegetables

- price dependent on daily market

The Capital Bar Menu

Served daily from 12noon to 11pm

Sandwiches

with a choice of granary, white or brown bread from our bakery

Smoked salmon, cucumber and lime crème fraiche	£9.00
French brie, avocado and tomato	£7.50
Chicken, mayonnaise and lettuce	£7.50
Toasted ham and cheddar	£12.50
Capital Club sandwich	£12.50

Desserts

Selection of cheeses	£12.00
Walnut and chocolate brownie with vanilla ice cream	£9.00
Selection of ice cream and sorbets	£9.00
Fresh fruit salad	£10.00
Dessert of the day	£12.00

Wines by the glass

A larger selection of wine is also available
from the restaurant wine list

Champagne	150ml	Price
N.V. Jacquart, Brut Mosaïque, Reims	France	£9.95
N.V. Henriot, Blanc Soverain, Reims	France	£13.50
N.V. Jacquart, Brut Mosaïque Rosé, Reims	France	£14.50
White Wine	175ml	
2006, Levin, Sauvignon Blanc, VDP du Jardin de la France	France	£6.00
2006, Dolium, Escolha, Antão Vaz, Alentejo	Portugal	£7.00
2007, Riesling, Spatlese, Weingut Paulinshof, Mosel	Germany	£8.50
2005, Le S, Ampelidae, VDP de la Vienne, Loire Valley	France	£10.00
2006, Gewürztraminer, St Hippolyte, Marcel Deiss, Alsace	France	£10.50
2007, Condrieu, R&R Niero, "Les Ravines", Rhône Valley	France	£13.50
2007, Puligny-Montrachet, Vieilles Vignes, Vincent Girardin	France	£15.00
Rosé Wine	150ml	Price
2007, Levin, VDP du Jardin de la France, Loire Valley	France	£6.00

Wines by the glass

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from the restaurant wine list

Red Wine

	175ml	
2007, Catena Malbec, Bodega Catena Zapata	Argentina	£7.50
2005, Le K, Ampelidae, VDP de la Vienne, Loire Valley	France	£10.00
2005, Cloudy Bay, Pinot Noir, Marlborough	N. Zealand	£10.50
2007, Michael Hall, Syrah, Eden Valley	Australia	£13.00
2004, Morey-Saint-Denis, M.Gros, 'En la Rue de Vergy', Burgundy	France	£13.50
2005, St-Estèphe, La Croix Bonis, Bordeaux	France	£13.50

Wines by the glass

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from the restaurant wine list

Port and Madeira

		100ml	Price
10 year old	Tawny, Warre's Otima	Portugal	£8.50
2004	L.B.V., Niepoort	Portugal	£10.00
1998	Colheito, Niepoort	Portugal	£15.50
20 year old	Malvasia, Barbeito, Lote 6072	Portugal	£18.50

Sherry

Amontillado del Puerto, Solera, Lustau	Spain	£8.50
N.V. Palo Cortado, Lustau	Spain	£9.50

Sweet Wine

N.V. Domaine du Mas Blanc, Cuvée André Parcé, Banyuls	France	£6.50
2003, Olivares, Dulce Monastrell, Jumilla	Spain	£7.50
2005, Pacherenc du Vic Bilh, 'Vendemiaire', Alain Brumont	France	£8.50
2007, Essensia, Orange Muscat, Andrew Quady, California	USA	£9.50
N.V. Dutschke, Sun-dried Shiraz, Barossa Valley	Australia	£10.50
2004, Tokaji Aszú, '4 Puttonyos', Disznókó	Hungary	£11.50
2002, Vin de Paille, Côtes du Jura, Domaine Rolet	France	£15.50
2003, Sauternes, Château de Malle, Bordeaux	France	£15.50
N.V., Quintessence, Rhône Valley, François Villard	France	£16.50
2007, Schloss Gobelsburg, Grüner Veltliner, Eiswein	Austria	£18.50

Apéritifs

	Price
Martini Extra Dry	£5.25
Martini Rosso	£5.25
Martini Bianco	£5.25
Cinzano Bianco	£5.25
Noilly Prat	£5.25
Dubonnet	£5.25
Carpano Punt e Mes	£5.25
Lillet	£5.50
Campari	£6.25

Beers

		330ml
Beck's	Germany	£4.00
Lapin Kulta	Lapland	£4.00
Guinness	Ireland	£4.00
Pilsner	Czech	£4.50
1664	France	£4.50
Heineken	Holland	£4.50
London Pride	England	£4.95

Soft Drinks

Mixer	£1.75
Coca-Cola	£2.50
Fruit juices	£3.00
Tomato juice	£3.25
Orange juice	£3.25
Iced Tea	£3.75
Mocktails	£5.75

Champagne Cocktails

	Price
Black Velvet Guinness and Champagne	£14.50
Kir Imperial Crème de Framboise and Champagne	£14.50
French 74 Absolute vodka, lemon juice, sugar syrup and champagne	£14.50
Bellini White peach purée and Champagne	£14.50
Champagne Cocktail Angustura Bitters, sugar cube, Calvados and Champagne	£14.50
Calvados Cocktail Angustura Bitters, sugar cube, Calvados and Champagne	£14.50
Champagne Cobbler Cointreau, lemon juice and Champagne	£14.50
Carol Channing Crème de Framboise, Eaux de Vie de Framboise, sugar cube and Champagne	£14.50
Grand Mimosa Grand Marnier, orange juice and Champagne	£14.50
Ambrosia Cognac, Calvados, lemon juice, Cointreau and Champagne	£14.50

Classic Cocktails

	Price
Martini Cocktail	From £11.00
Made with a gin and vodka of your choice	
Gin Fizz	£10.00
Tanqueray, lemon juice, sugar, egg white and soda water	
Bramble	£9.00
Tanqueray, lemon juice, sugar and Crème de Mûre	
White Lady	£10.00
Tanqueray, Cointreau, lemon juice, sugar and egg white	
Tom Collins	£10.00
Tanqueray, lemon juice, sugar and soda water	
Raspberry Collins	£10.00
Tanqueray, lemon juice, sugar, raspberry purée, Crème de Framboise and soda water	
Gimlet	£9.00
Tanqueray and lime cordial	
Gin Rickey	£10.00
Tanqueray, lime juice, sugar and soda water	
Tetanka	£10.00
Zubrowka and apple juice	
French Bison-Tini	£10.00
Zubrowka, pineapple juice, Chambord black raspberry liqueur	

Classic Cocktails

	Price
Bloody Mary Stolishnaya, tomato juice and secret spices	£11.00
Pompanski Zubrowka, Cointreau and grapefruit juice	£10.00
Whisky Mac Famous Grouse and green ginger wine	£10.00
Rusty Nail Famous Grouse and Drambuie	£10.00
Rob Roy Famous Grouse, Martini Rosso and Angoustura Bitters	£10.00
Godfather Famous Grouse and Amaretto	£10.00
Bay Breeze Absolute vodka, cranberry juice and pineapple juice	£10.00
Margarita Patron Tequila, Cointreau and lemon juice	£12.00
Barmans Tipple Woodford Reserve, Dubonnet and Mount Gay rum	£10.00
Jack Rose Calvados, grenadine and lemon juice	£10.00

Classic Cocktails

	Price
Perfect Manhattan Woodford Reserve, Martini Rosso, Martini extra dry and Angoustura Bitters	£11.00
Dry Manhattan Woodford Reserve, Martini Extra Dry and Angoustura Bitters	£11.00
Sweet Manhattan Woodford Reserve, Martini Rosso and Angoustura Bitters	£11.00
Batida Cachaça, sugar syrup, lemon juice and pineapple juice	£11.00
Whisky Sour Famous Grouse, egg white, sugar and lemon juice	£12.00
Daiquiri Bacardi, lime juice and sugar	£11.00
Cosmopolitan Absolute Citron, Cointreau, cranberry juice and lime juice	£11.00
Polish Martini Potocki, Krupnik, honey liqueur and apple juice	£12.00
Mai Tai Mount Gay rum, Bacardi, Cointreau, apricot brandy and lime juice	£12.00

Capital Choice

	Price
Capital Martini Stolichnaya, fresh banana, banana liqueur and pineapple juice	£10.00
C.C. Martini Stolichnaya, lime juice, apples, Manzana and Liqueur de Calvados	£12.00
Grand Mojito Capital Grand Marnier, Tequila, lime juice, fresh mint, soda water and sugar	£12.00
Capital Ice Tea Bacardi, Tequila, Cointreau, lemon juice, sugar and Coca-Cola	£12.00
Amigo Patron Tequila, lime juice and strawberry purée	£11.00
Russ Martini Stolichnaya, strawberry purée, lemon thyme and fresh ginger	£11.00
Capital Kiss Champagne, sugar, Campari, Martini Rosso and gin	£12.50
Capital Noël XIII Louis XIII Cognac, Grand Marnier Cent Cinquentaire and Ruinart Blanc de Blancs	£85.00

After All

	Price
Stinger Remy Martin VSOP and Crème de Menthe	£12.00
Side-Car Cognac, Cointeau and lemon juice	£10.00
Brandy Alexander Crème de cacao, Cognac and cream	£11.00
Between the Sheets Bacardi, Cognac, Cointeau, sugar and lemon juice	£11.00
Irish Coffee Jameson's, sugar, coffee and cream	£10.00
French Coffee Hennessy VSOP, sugar, coffee and cream	£11.00
Russian Coffee Stolichnaya, sugar, coffee and cream	£10.00
Cappucino Amaretto, Crème de cacao, Cognac, coffee and cream	£12.00
Calypso Bailey's, sugar, coffee and cream	£11.00
Amaretto Coffee Amaretto, Kalhua, coffee and cream	£12.00

Spirits

Whisky		Price
Canadian Club	Canada	£6.75
Famous Grouse		£6.75
Chivas Regal		£6.75
Dewar's, White Label		£6.75
Jameson	Ireland	£6.75
Johnnie Walker, Black Label		£7.75
Jack Daniel's	USA	£7.75
Red Breast	Ireland	£11.00
Yamazaki 18yrs	Japan	£15.00
Midleton Very Rare	Ireland	£25.00
Johnnie Walker, Blue Label		£29.75
30yrs Whyte & Mackay		£38.00
Rum		
Bacardi	Bahamas	£1.75
3 year old Havana Club	Cuba	£2.50
Mount Gay	Barbados	£3.00
7 year old Havana Club	Cuba	£3.25
Diplomatico	Venezuela	£3.25
23 year old Zacapa	Guatemala	£3.75
Zacapa XO	Guatemala	£5.75

Bourban	Price
Maker's Mark	£6.75
Woodford Reserve	£7.75
Blanton's Original	£9.50
Blanton's Gold	£12.00
20 year old Papa Van Winkle Family Reserve	£21.00

Gin	
Beefeater	£5.75
Gordon's	£6.75
Bombay Sapphire	£6.75
Blackwood's Vintage	£6.75
Tanqueray	£6.75
Hendrick's	£8.00
Tanqueray Ten	£9.00

Vodka		
Stolichnaya	Russia	£6.75
Absolute Blue	Sweden	£6.75
Kettel One	Holland	£7.00
Zubrowka	Poland	£7.00
Grey Goose	France	£8.00
Grey Goose Orange	France	£8.00
Ivan the Terrible	Russia	£8.50
Belvedere	Poland	£9.00
Potocki	Poland	£9.00
Wyborowa sinle Est.	Poland	£9.50
Snow Queen	Kazakhstan	£9.50
ULuvka	Poland	£9.50
2006 Kauffman	Russia	£12.50
Ultimat	Poland	£14.75

Liqueur

Bailey's	£8.00
Cointreau	£8.00
Crème de Menthe	£8.00
Disaranno	£8.00
Drambuie	£8.00
Grand Marnier	£8.00
Kahlua	£8.00
Tia-Maria	£8.00
Kummel	£8.00
Frangelico	£9.00
Green Chartreuse	£9.00
Grand Marnier 'Centenaire'	£21.00
Grand Marnier 'Cinquentenaire'	£29.00

Tequila

Patron Silver	£9.50
Don Julio 'Resposado'	£12.00

Scotch Malt Whisky

Speyside (the Highlands)

Technically, a sub-region of the highlands. Many consider Speyside Whiskies as the very essence of malt Whisky and with over 50 distilleries north of the island ploughing their furrow, who can blame them.

They have great elegance, finesse and deserve accolades.

		Price
12 year old	Cragganmore	£7.00
12 year old	Royal Lochnagar	£7.00
10 year old	Macallan	£9.00
12 year old	The Belvenie Signature	£9.00
12 year old	Glenlivet	£9.00
15 year old	Glenfiddich Solera Res.	£9.00
21 year old	The Belvenie Port Wood	£16.50
34 year old	1973 Glen Grant	£24.50
30 year old	Glenfiddich	£27.50
30 year old	Glenfarclas	£28.00
20 year old	1983 Glenlivet	£31.50
35 year old	Tamnavulin	£32.00
1972	Glen Grant	£42.00
1973	The Glenrothes	£46.00
18 year old	1979 Macallan Gran Reserva	£94.00
1959	Glenfarclas	£99.00
1966	Macallan Vintage Label	£115.00
50 year old	Glenfarclas	£240.00

Scotch Malt Whisky

Lowlands

The Lowlands region is located south of the Greenock in the west and Dundee in the east, is often overlooked by Whisky drinkers. Their distilleries produce lighter style malts, making them good as an aperitif or for mixing in a classic cocktail like Rob Roy.

	Price
16 year old Rosebank	£12.50
Auchentoshan 3 Woods	£14.00

Highlands

The region, defined since 1784, encompasses all mainland distilleries north of the Highland line (Greenock to Dundee) except Speyside.

Scattered across Scotland, there are some stunning impressions to be made in this area.

14 year old Oban	£8.75
12 year old Glenturret	£9.00
15 year old Dalwhinnie	£9.50
10 year old Skibo	£11.50
18 year old Highland Park	£14.00
Glenmorangie Port Wood	£15.00
21 year old Glen Garioch	£15.50
18 year old Glenmorangie	£16.00
21 year old Dalmore	£17.00
Dalmore King Alexander III	£28.00
1954 Mortlach	£46.50
Balbair 40 year anniversary selection	£51.50

Campbeltown

The small town of Campbeltown is Located on the Mull of Kintyre.

Back in the prohibition years (1919-33) Campbeltown had 34 distilleries selling bootleg liquor to America now sadly there is only one working fulltime.

10 year old Longrow	£12.00
30 year old Glen Scotia 'Rhum Cask'	£24.50
21 year old Springbank	£46.00
25 year old Springbank	£86.00

Scotch Malt Whisky

Islay

Islay is the greatest of the Whisky islands, deep in peat, lashed by rain, wind and sea. Distillation has been taking place here for over 1500 years and the varied, complex flavors are challenging to the palate, giving you a true taste of Hebridean history.

	<i>Price</i>
12 year old Caol Ila	£9.50
Laphroaig quarter cask	£10.00
12 year old Bunnahabhain	£10.50
1998 Aldbeg 'Still Young'	£12.00
15 year old Bowmore	£12.50
16 year old Lagavulin	£16.00
1998 Aldbeg 'Almost There'	£17.00
25 year old Bowmore	£42.00
24 year old 1979 Port Ellen	£46.00
30 year old Laphroaig	£78.00

Islands

The islands off the north and west coast of Scotland produce such a diversity of styles with each distillery having such a unique taste of their own. With its maritime climate the water plays its part in the make up of these whiskies.

Isle of Jura 'Superstition'	£9.00
16 year old Isle of Jura	£9.00
18 year old Talisker	£12.00
20 year old Ledaig	£19.00

Digestives

Cognac		Price
Tesseron	X.O. Selection	£15.00
Remy Martin	X.O.	£20.00
	Louis XIII	£185.00
Frapin	V.S.O.P.	£9.00
	V.I.P. X.O.	£24.00
Delamain	X.O. Pale & Dry'	£16.00
A. de Fussigny	Extra	£24.00
Hine	1957	£49.00
Hennessy	Paradis	£54.00

Digestives

<i>Armagnac, Bas Armagnac, Armagnac Ténareze</i>		<i>Price</i>
Baron de Sigognac	10 year old	£9.00
Castarede	1979	£16.50
Francis Darrore	1964 Chateau de Gaube	£44.00
	1959 Chateau de Gaube	£65.00
 <i>Calvados Pays d'Auge</i>		
Pomme Prisonniere		£17.50
Dupont	17 year old	£19.00
Lemorton	25 years Hors d'age	£24.00
Cœur de Lion	Reserve des Fiefs	£10.00
	1974	£29.00
	1965	£38.00
 <i>Grappa</i>		
Domenis Riserva	10 year old	£14.00
Capannelle di Chianti Classico		£15.00
Jacopo Poli Moscato		£16.00
 <i>Eaux de Vie</i>		
Kirsh	Zuger Vieux et Noble, Etter	£7.00
Poire Williams	Morand	£12.00
Framboise sauvage	Cœur de chauffe, G. Mido	£13.50

Champagne Degustation

...let the bubbles take over...

Are you a true Champagne aficionado? If so, we invite you to come to try out our Champagne Degustation menu. The Capital Bar has created a new experience for its valued guests, which involves preparing your very own Champagne cocktails at your bar table.



The Champagne Degustation includes a bottle of Gosset Brut Excellence, Crème de Mure, Crème de Framboise, Crème de Cassis, Crème de Peche, Crème de Poire, Calvados, Grand Marnier, Martell VS Fine Cognac, Snow Queen Vodka, Angostura Bitters as well as a selection of fresh fruit purees and juices.

The Champagne Cocktail Degustation is now available in The Capital Bar for £75. The above is designed for two people sharing with up to eight cocktails prepared per menu.

Alcohol by volume

A guide to the beverage alcohol content served at The Capital Bar

Champagne	12% - 13%
White Wine	11% - 14%
Red Wine	12% - 15%
Beer	3.8% - 5.5%
Vermouth	14.8% - 18%
Campari	25%
Pernod	40%
Ricard	45%
Sherry	15.5% - 17.5%
Gin	37.5% - 47.5%
Vodka	37.5% - 40%
Rum	40% - 65%
Whiskies	40% - 57.4%
Cognac and Armagnac	35% - 44%
Grappa	42% - 50%

In accordance with the Weights and Measures Act 1995
the measure of Gin, Rum and Whisky on the premises is 50ml

